



What to Pack

Pack in book sack/carry-on

- Change of clothes with extra underwear and socks (in case of delays or lost luggage upon arrival)
- Toothbrush, travel sized toothpaste, deodorant, comb/brush, etc. (All liquids must be less than 3 oz. and in a quart sized bag for security checks)
- Electronics such as laptops, cameras, phones (including all chargers and be sure all devices are fully charged before traveling. Some checkpoints will require you to turn your devices on)
- Personal medications (be sure all prescribed medication is in proper bottles with your name on the bottle)
- Food/snacks
- Passport, drivers license, money (new \$50/\$100 bills), and credit/debit cards should be kept in a safe and accessible place while traveling. Make sure you notify your bank that you will be traveling if you plan to use your cards.
- Jacket/sweater or sweatshirt (Kenya can get chilly and so can airplanes)
- Travel pillow, sleep mask, ear plugs etc.

General packing

- Journal, bible, notebook, pen
- Solar charger/battery packs for charging your electronics (Charging opportunities will be provided but battery packs/solar chargers are a wonderful idea to help keep your devices charged)
- Personal clothing: underwear, socks, jeans, t-shirts (no spaghetti straps or tank tops). Men can wear shorts. Ladies can wear capris or jeans/pants (no yoga pants or leggings allowed). Light jacket.
- For church: women need a skirt/dress and men need casual pants and polo/button down shirt
- Tennis shoes or closed toe shoes for outreach activities (thick soled shoes are best due to thorns). Sandals can be worn to church.
- Flip flops/sandals for shower
- Toiletries: shampoo, soap, feminine hygiene supplies, deodorant and lotions
- Personal medications - enough for the duration of your trip
- Sunscreen and insect repellent
- Flashlight/headlight and extra batteries
- Optional: portable battery operated fan
- Personal snacks
- Reusable water bottle (everyone must bring one)

- Jewelry: leave all valuable jewelry at home. Men, please remove any piercings upon arrival. No gauges. Tattoos are fine as long as it is not anything inappropriate. Please cover, if so.
- International adapters for charging
- Hat(s)

If you have any questions, please reach out to us
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